

Suggested Materials List for the 2017 Heywood Artist Retreat

Suggested Basic Materials

Soft Pastels: In addition to a **set or collection of soft pastels of any professional brand**, I recommend **one stick of the following seven Nupastels**: #229 black, #285 indigo, #346 burgundy, #298 bottle green, #277 ivory, #276 buff, #219 warm medium gray. Generally speaking, the **more colors you have, the better**. For the demonstrations I will be using the Anne Heywood Masterclass set of 78 Great American Art Works pastels supplemented with Nupastels and additional pastels of various brands. For your convenience I will have a few extra Nupastel sticks of these colors at the Retreat which you may purchase.

Papers/Bords: I recommend a textured surface, such as Art Spectrum's Colourfix paper, Pastelmat, UArt sanded pastel paper, Pastelboard, Canson Touch, etc. I will be using a textured surface for the demonstrations. Plan on using **one or two pieces of paper for each day** of the Retreat, **plus small pieces of the surface of your choice for the morning Warm-up Painting**. You will be able to cut down large pieces of paper at the retreat if you need to. If you would like to do an underpainting or two, don't forget to bring some white paper of any of the above textured surfaces. For your convenience, I will have a limited supply of textured surfaces at the Retreat which you may purchase.

Drawing board, larger than the size of your largest piece of paper. (There are some drawing boards at the studio for all to use, but I recommend bringing your own -- useful when carrying your paintings home.)

Eraser, preferably kneaded (the kind you can hand shape).

A 2B charcoal pencil and/or a mechanical pencil.

(Opt.) **A stump/stompe/tortillion and a small piece of fine sandpaper or a sandpaper block.**

Non-oily barrier cream (Gloves in a Bottle, or Avon silicone hand cream, for ex.) **or plastic gloves**, **VERY TIGHT FITTING** (such as medical examination gloves) to protect your hands while painting.

Artists' tape and/or large clips to affix your paper securely to the drawing board.

Paper towels, 1 roll, to keep pastel sticks clean as you paint.

View Catcher (brand name) or a small empty mat, to visually isolate items and scenes to paint.

Several **pieces of glassine or tracing paper** the size of your painting surfaces, to protect your paintings on the way home. In case of rain you may also want to bring a plastic bag or clean garbage bag to keep everything dry.

A small **sketchbook**, any size (8" x 10", 7" x 9", etc.) or pieces of scrap paper for sketching.

A clean artist bristle **brush** (can be "used"), any type (flat, round, etc.) medium size.

Reference materials of your choice for painting in the art studio, such as objects for a still life set-up or photographs of scenes. **Keep in mind that you can also paint from photographs that you take at the Retreat**, either directly from your laptop or tablet, or by printing the image using our color printer. Also, there is always a collection of still life painting materials available for your use, interesting indoor scenes, and, of course, plenty of outdoor painting subjects and opportunities.

****Indoor easels, chairs, and small tables are provided.** Wear work clothes and/or bring an apron to protect your clothes. You may bring food/drinks and store them in our refrigerator or buy your lunch at local eateries or the supermarket.

Outdoor Painting and/or Sketching Materials

You may choose to paint and/or sketch when outdoors. Some of these materials are included in the above list.

Suggested Outdoor Painting Materials

Outdoor painting gear (some of these are also included in the above list): portable outdoor easel, small set of pastels with smaller pieces of pastels, smaller pieces of pastel paper (for ex., around 9" x 12") , small drawing board (not necessary if you use mounted paper), clips/tape, View Catcher or small mat, a few paper towels, plastic gloves (very tight-fitting) or non-oily barrier cream, mechanical pencil or 2B charcoal pencil, eraser, one small clean artist paint brush, one stump (opt.), small sketchbook, a few pieces of glassine or tracing paper the size of your painting surfaces, and two pieces of foam core slightly larger than the size of your paper (join the 2 pieces of foam core with tape along one edge to make a paper/painting carrier), a tote or backpack to hold supplies.

Comfort items: insect spray/ointment, lightweight jacket, visor/hat, sunglasses, sunscreen, portable chair/stool (opt.), and artist umbrella (opt.) that sets up independently from your easel.

Suggested Outdoor Sketching/Drawing Materials

Paper: a sketchbook or a pad of good-quality drawing paper, or any of the following: non-textured pastel paper (Canson Mi-Tientes, etc.), watercolor paper, printmaking paper.

Drawing tools: your choice of pencils, charcoal pencils, pen & ink, etc.

Hand-held pencil sharpener or a safe portable knife

Eraser, the kind you can hand shape, and (opt.) a hand held battery powered eraser.

Drawing board slightly larger than your paper

Large bull clips or artists' tape

View Catcher (brand name), empty slide mount, or small mat

(Opt.) One stump, tortillon, or stomp, and a small piece of sandpaper

Two pieces of foam core slightly larger than your small pieces of paper, to make a paper carrier (as above)

A few pieces of glassine or tracing paper

Tote or backpack to carry supplies in

Comfort items: insect spray, lightweight jacket, visor, sunglasses, sunscreen, portable chair/stool, and (opt.) artist umbrella (opt.).